

Roanoke Electric FLASHES



Childproofing your home: Keep cords out of reach, cover outlets

Children are naturally inquisitive, and sometimes their curiosity can lead to trouble. You can protect your children or grandchildren from electrical hazards by making a few modifications to your home. Consider the following tips to help ensure that your loved ones are safe from potential electrical hazards.

- ❑ Cover unused electrical outlets with outlet plates or safety caps so that a child cannot poke his or her fingers and other objects into them. Be sure to test the outlet covers yourself, ensuring that they are not easily removable. Remember to cover every unused outlet in your home, including those behind furniture. Taking this step will reduce a child's risk of electrical shock or electrocution.
- ❑ Unplug any electrical appliances not in use. Children may be tempted to play with unused appliances, like the toaster or even an iron. By unplugging the appliances, you are not only protecting your



child, but you are also saving energy.

- ❑ Extension cords, even short ones, can pose a strangulation hazard for small children. Keep them out of a child's reach whether they're plugged in or not, and if you absolutely have to use one, wrap the excess around a cord shortener. Never place cords under rugs because they can overheat and create a fire hazard.
- ❑ When cooking on the stove, use the back burners. This will protect a child from a burn if



he or she can reach the front of the stove. This also will reduce the chance of a pot or pan falling on a child, which could potentially cause a burn or major bruising.

These inexpensive steps will create a safer home for your children, whether they're crawlers, walkers or runners. Discuss electrical safety 117883-001 with your children and lead by example. Most importantly, at all times, supervise your children for the best protection.



Read the newsletter to learn more about your cooperative. Find your account number in this newsletter, contact us and win \$25 Roanoke Bucks!

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Need Cash for School? Apply now for REC's Scholarship

Roanoke Electric will award a \$1,000 scholarship to a deserving high school senior whose parent(s) or guardian(s) are members of Roanoke Electric Cooperative.

Established in 1985, this scholarship is awarded to a student demonstrating an understanding of the co-op way of doing business and who can show financial need. Scholarship criteria are 50 percent need, 25 percent scholastic achievement and 25 percent essay question and extracurricular activities (school, civic and/or community).

You must show proof of acceptance to a four-year college or university to be eligible. Application deadline is 5 p.m., Friday, April 26. For more information, go to www.roanokeelectric.com or visit your guidance counselor.



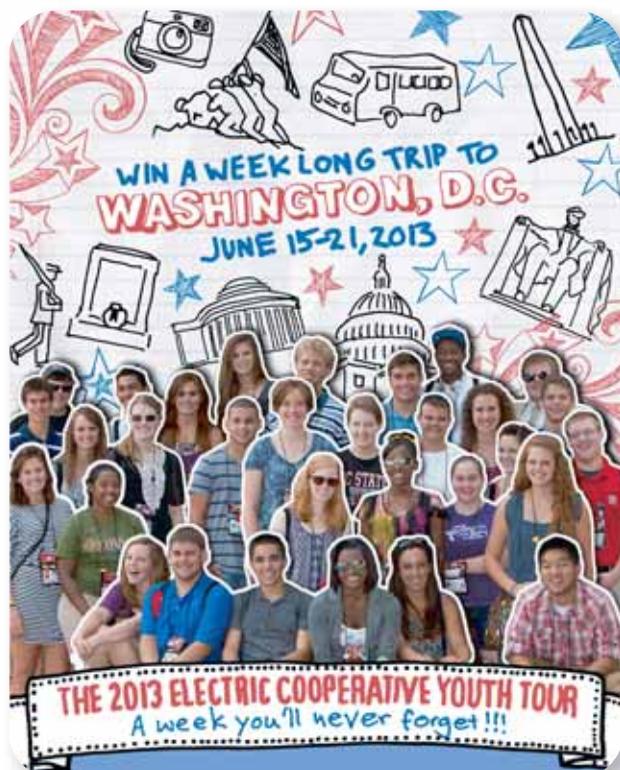
Calling all high school juniors! This all-expense-paid trip is for you

The 2013 Rural Electric Youth Tour is scheduled for June 15–21. Students in Bertie, Hertford, Halifax, Gates, and Northampton counties are eligible to apply. This exciting one week, all-expense-paid trip is an educational tour of the nation's capital where students see our government in action, visit famous and historical sites, take a boat cruise, create their own pod-cast, take their own "creative" snapshots, and so much more.

Additionally, there are two scholarships that will be awarded to Youth Tourists—the \$2,500 Gwyn B. Price Youth Tour Scholarship and the \$2,000 Katie Bunch Memorial Scholarship. All Youth Tourists who attend the Tour as high school juniors will be eligible for the awards. They will receive an application form during their senior year and a panel of judges will select the winners. The scholarship must be used to attend an accredited four-year college or university in North Carolina.



Last year's local Rural Electric Youth Tourist, Montrel Wilson, was among students nationwide who were able to visit Washington, D.C.



The deadline for applications for the 2013 Rural Electric Youth Tour is 5 p.m., Friday, March 22. Visit www.roanokeelectric.com for more information.

Pole Top Rescue competition tests lineworkers' safety, rescue skills

James Taylor represented Roanoke EC during the 2012 Pole Top Rescue Competition held November 27 in Raleigh.

Taylor competed against linemen from the other North Carolina electric cooperatives across the state, testing their safety and rescue skills.

During the competition, a lineman recognizes a victim in trouble on a power pole and calls for assistance. Wearing full climbing gear and tools (weighing up to 20 pounds), the lineman scales the pole to 20 feet, lowers a 105-pound dummy (named ("Kool"), and begins lifesaving procedures. All steps require specific activities, and requirements are strictly enforced. Any attempt to skip steps to improve time results in penalty deductions. The competition had two categories:

Category 1: 100% personal fall protection, used day-to-day by the cooperatives

Category 2: 100% fall protection using the lifeline, used in past competitions.

Both categories had a first, second and third-place winner.

Competitors choose which category they wished to compete, but could only compete one time.

Taylor competed using the lifeline 100% fall protection and finished with a time of 2:54.81.

We commend Taylor and all REC line personnel for the work they do to provide safe, reliable, and affordable electricity, while enhancing the quality of life in the diverse communities served by Roanoke EC.



Roanoke EC lineman James Taylor competed against other linemen from across the state at the event in Raleigh.

Statement of Nondiscrimination

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A celebration in the making

Roanoke Electric Cooperative will be celebrating its 75th Anniversary in 2013. Plans are in the making



for this momentous occasion. Please follow us on Facebook and Twitter

for up-to-date information, so you won't miss the celebration! Visit www.facebook.com/roanokeelectric and www.twitter.com/roanoke_ec.

RCPP2 forge ahead to generate growth, prosperity in the Roanoke EC community

The Partners have set the tone for the New Year. The Roanoke Chowan Partners for Progress (RCPP2) are moving forward and taking advantage of opportunities to make the region stronger. Over the past year, the partners' talent and ingenuity have been a catalyst for action. 107723-001 The spark ignited, the engine is running and RCPP2 are ready to travel the road of economic improvement.

At the December meeting the partners celebrated the past year's accomplishments and were "charged" by the presenters to take a collaborative approach and to keep things moving. The theme for the meeting was "Into Something New." Presenters were:

Joyce Mitchell, Community Outreach Director, Office of U.S. Senator Kay R. Hagan

Betty Jo Shephard, Regional Field Representative, Office of U.S. Senator Richard Burr

Eddie Miller, Vice President, Economic & Community Development, North Carolina Association of Electric Cooperatives

The collaborative is excited about generating growth that is broadly shared. The partners' ideas and energies will be a dynamic force leveraging and tapping into resources to help restore growth, prosperity, and opportunity in our communities. RCPP2's spring meeting will be in March at Roanoke Electric



Participants, including Frank Jones with Southern Bank (shown speaking with a fellow participant), traded economic development ideas at RCPP2's December meeting.

Cooperative's office. You are invited to be engaged in this era of opportunity. For more information about the date and to reserve your seat, please call (252) 539-4601.

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Energy efficiency tip

Appliances account for about 13 percent of your home's energy use. If they have energy-saving settings, use them! If they're nearing voting age, considering replacing them with newer, energy-efficient models.

Source: U.S. Department of Energy

